

Rules

Cycling race – EuroGames 2025

The cycle race route will consist of a loop of approximately 1km to be completed several times. The loop will be approximately 50% asphalt/hard ground, and 50% dirt/sand and grassy terrain. Slaloms, hairpin turns and surprise obstacles will add a little spice to make the race even more fun!

Mandatory equipment:

- Helmet in good condition and meets European standards
- A bicycle in good condition with at least 2 braking systems
- VAE prohibited
- Headphones and headphones prohibited
- Mandatory handlebar cap
- During races: number plate on the handlebar and number bracelet provided by the organization
- Closed shoes required

Proceedings of the competition:

Several races occur throughout the day so that each cyclist participates in 3 races. There are 3 phases of racing: 2 qualifying phases whose results will allow the distribution of the cyclists in the races of the final phase. (The explanation of this specificity is given in the appendix to this document)

How to read diagrams?

In the rest of the document, diagrams allow you to understand the progress of the races. The codes needed to understand the diagrams are as follows:

- 1 rectangle = one race
- Dark color of the race = 1st half of finishes
- Light color of the race = 2nd half of arrivals

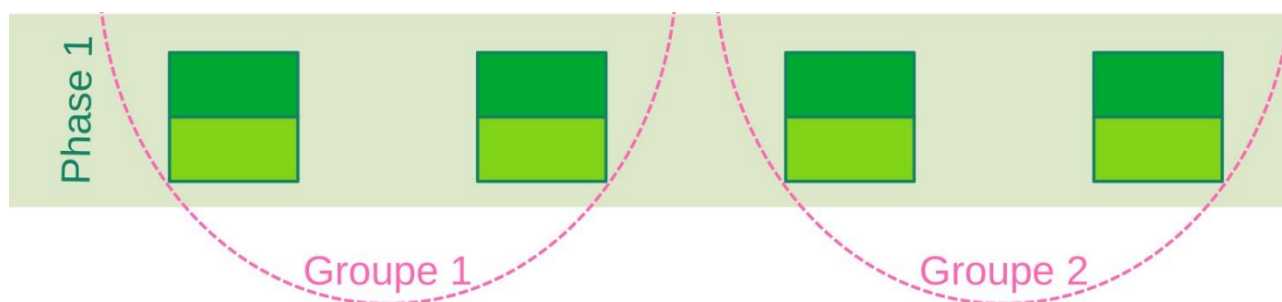
Phase 1:

The 4 races in phase 1 are mixed. Participants are distributed randomly by the organization.

The duration of the races is approximately 20min.

To avoid monopolizing everyone throughout the day, 2 groups will be formed for the first two phases:

- The races of phases 1 and 2 of group 1 will take place from 8:30 a.m. to 10:30 a.m., with the possibility of recognizing the course from 8:00 a.m. to 8:30 a.m.
- The races of phases 1 and 2 of group 2 will take place from 11 a.m. to 1 p.m., with the possibility of recognizing the course from 10:30 a.m. to 11 a.m.

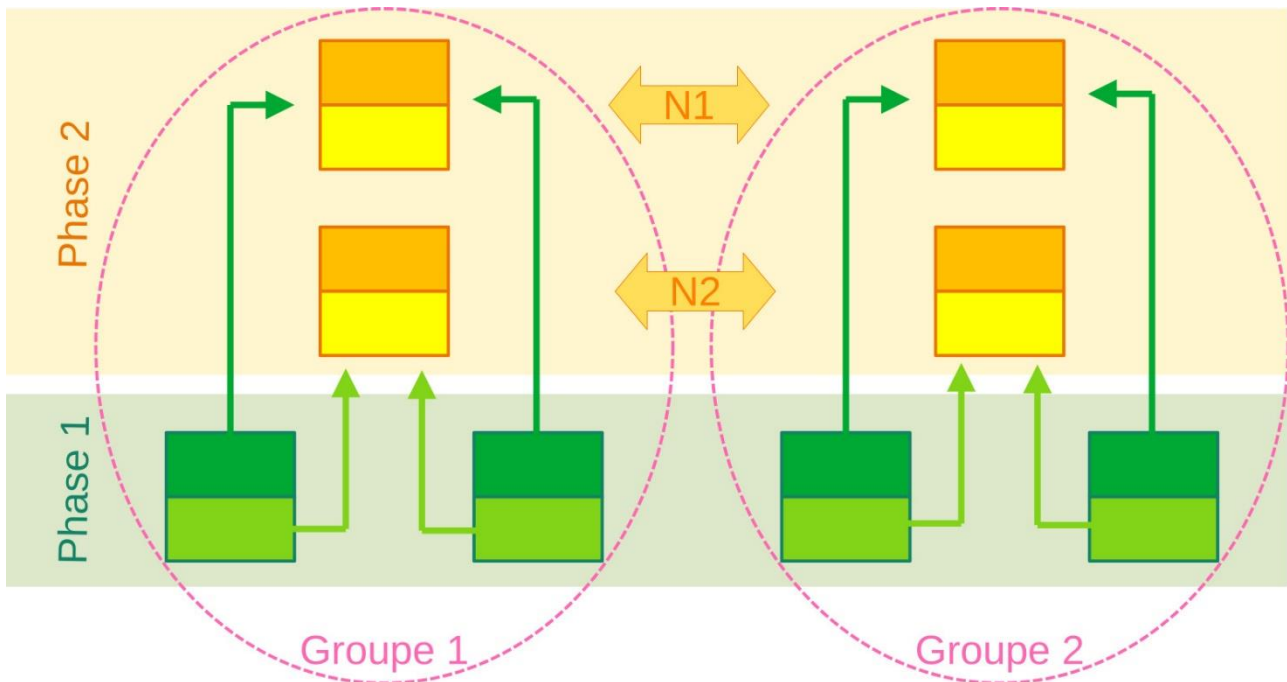


Phase 2:

The results of the races in phase 1 allow a distribution of the racers into the 4 races of phase 2. For each group:

- The first half of the participants who crossed the line in the phase 1 races (in dark green on the diagram) will compete in phase 2 in the N1 races.
- The 2nd half of the participants who crossed the line in the races of phase 1 (in light green on the diagram) will compete in phase 2, in the N2 races.

The duration of the races is approximately 20min.



Final phase:

The final phase races will take place from 3 p.m. to 6 p.m..

The duration of the races is approximately 30min.

The results of the races in phase 2 allow a distribution of the racers into the 4 races of the final phase.

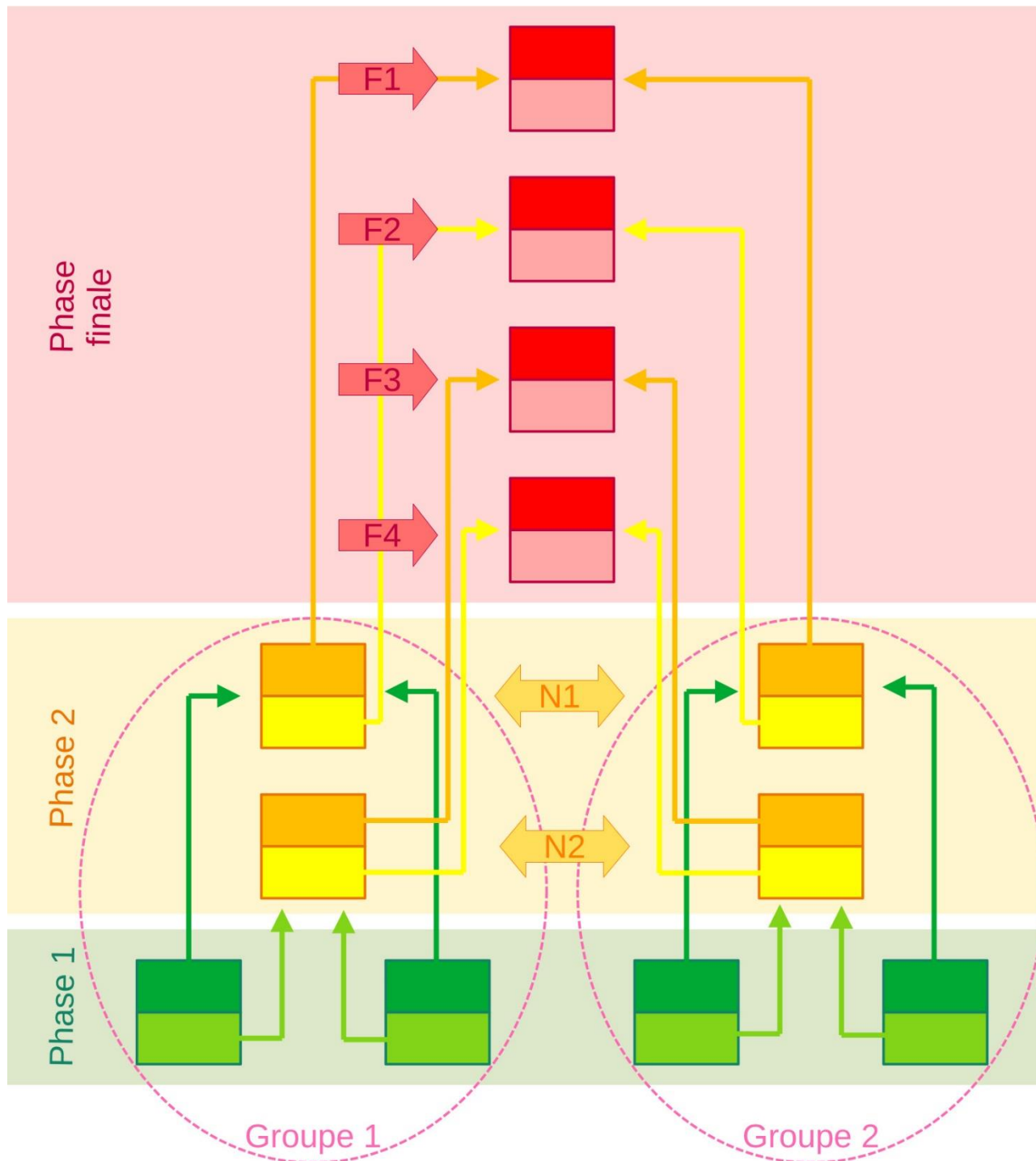
The participants of the N1 races:

- The women's and non-binary categories of the N1 races will participate in the F2 race. (The explanation of this specificity will be given in the appendix of the document)
- The first half of the participants who crossed the racing line of phase 2 of the N1 race (in orange on the diagram) will compete in the F1 race.
- The 2nd half of the participants who crossed the racing line of phase 2 of the N1 race (in yellow on the diagram) will compete in the F2 race.

The participants of the N2 races:

- The women and non-binary categories of the N2 races will participate in the F4 race. (The explanation of this specificity will be given in the appendix of the document)
- The first half of the participants who crossed the racing line of phase 2 of the N2 race (in orange on the diagram) will compete in the F3 race.
- The 2nd half of the participants who crossed the racing line of phase 2 of the N2 race (in yellow on the diagram) will compete in the F4 race.

Note: To balance the races, organization members may switch men from the F2 (F4) race into the F1 (F3) race depending on the number of people in the women and non-binary categories who would have qualified for the race F1 (F3) but which pass into F2 (F4).



Organization of races

Number plate on the handlebar

Each cyclist will be assigned a handlebar plate on which their race number appears, which they must attach and keep on their handlebars throughout the competition.

Bracelet

The organization will use bracelets made from recycled bicycle tires for each participant on which their race number will be written. **The bracelet must be worn during races** (attached to the wrist or the bike). At the end of the races in phases 1 and 2, the organization will collect the bracelets to define the classification and therefore the distribution of cyclists in the next phase.

How do I know which Phase 2 and Final Phase race I am participating in?

At the scorer table, a display board will represent the race phases (with timetables). Between races, each bracelet will be placed by the organization on the display board in place of the next race of the cyclist to whom the bracelet is assigned. Thus, each person will know in the blink of an eye what their next race will be and its departure time, by identifying their bracelet on the display board.

When returning to the start, participants will collect their bracelets for the race.

Participants will be able to keep their bracelet as a souvenir after the final phase.

Duration of the race

The number of laps will be given at the start of each race. A display will indicate the number of rounds remaining.

All people who cross the line after the winner of the race will have to stop, even if they have one or more laps remaining.

Technical problem during the race

Do you have a technical incident during your race? As long as you have a bike with your number plate and bracelet, you remain in competition. It's up to you to find the solutions to get out of trouble.

Podiums

The podiums will take place from 6 p.m. to 6:30 p.m. There will be 4 podiums:

- Men's podium (F1 race only).
- Women's podium (only in the F2 or F4 race if there is no woman in F2).
- Non-binary podium (only for the F2 or F4 race if there is no non-binary person in F2).
- Para-cycling podium.

Behavior towards other participants

All athletes must adopt, in all circumstances, ethical behavior that is respectful of other participants. Any lack of respect and insults towards a volunteer, a participant, a supporter or any other person present at the competition venue will not be tolerated. The sanction will be disqualification and exclusion from the competition.

Annex to the rules

Why is this specificity for the women and non-binary categories?

Why, for the final phase, do people in the women's and non-binary categories participate in the F2 and F4 races, and not F1 and F3?

With this system, there is a good chance that the winning athletes in these categories will cross the line in 1st position in their final race. So, the objective is to highlight their victory.

Why this 3-phase racing system?

This will allow you to do your final race with people of your own level.